

First and foremost, we want to express our appreciation to you for selecting our practice. We want all of your experiences with us to be positive.

We know that filling out these forms can be difficult, but please complete them carefully. Your accurate responses will give us a better understanding of you and your problem. This enables us to provide you with the best possible medical care. Thank you for your cooperation!

Please bring your insurance card, driver's license or other picture ID, and all copies of medical records pertaining to your appointment including MRIs, X-rays, and CT scans. We do prefer that you have these on a CD. Please bring copies of the reports with the imaging.

Please confirm prior to your appointment which location you are scheduled at as we have multiple locations.

Again, thank you for selecting Lone Star Orthopaedic and Spine Specialists. Please feel free to call if you have any questions prior to your appointment.



**New Patient Registration** 

<b>Contact Information</b>						
Patient Name (Last, First, MI):			Today's	Date:		
Address:				-		
Street Home Phone:	Cell Phone:	City	Work Ph	State		Zip Code
E-Mail:						
Primary Care Physician:						
How did you learn about our practi						
Referred by a Physician:		Internet / W	ebsite	Newsp	aper / Magazi	ne
Referred by a Patient:		Other:				
Care Plan						
Do you have any of the following:	O Advance Directive	O Designated Power of	of Attorney	O Other:		
Demographic Information						
Date of Birth:	Social Security #:		Gender:	O Male	O Female	O Other
Marital Status: O Single	O Co-Habitating O Marrie	ed O Divorced	<b>O</b> Widov	v / Widower	© Other	
Ethnicity:	Pr	eferred Language:				
Employer or School:						
Is todays visit: Work I	Related O Yes O No	3 <sup>rd</sup> Party Liability	Yes ONo	Auto Accide	ent OYes O	No
Emergency Contact Inform	ation					
Contact Name (Last, First, MI):			Phone #	:		
Address:Street		City		State	)	Zip Code
Preferred Pharmacy						
Pharmacy Name:			Phone #	:		
Primary Insurance Informa	ition					
Primary Insurance:			Phone #	:		
Insured's Name:		Relationship to Pa	atient: OSelf	O Spouse	O Child O C	other
Insured's Date of Birth:		Insured's Social S	ecurity #:			
Employer/Group Name:		Group #:				
ID #:						
Secondary Insurance Infor						
Secondary Insurance:		ID #:				
Insured's Name:		Insured's Date of	Birth:			
Workers' Compensation In						
Insurance Company:		Phone #:		Date of In	jury:	
,						



# Bone Health & Osteoporosis Clinic

Last	Name:	First Name:
DO	B: /	/
<u>Pleas</u>	se Circle You	r Answers
Yes	No	1. Are you over the age of 50?
Yes	No	2. Have you ever broken a bone?         Age       Bone Involved         Circumstance         Image: I
Yes	No	3. Did a parent or sibling have a hip or vertebral (spine) fracture after the age of 50?
Yes	No	<ol> <li>Do you currently smoke, vape, or use chewing tobacco?</li> <li>If No, Are you a former smoker? □ No □Yes, Quit Date:</li> </ol>
Yes	No	5. Have you ever had a weight loss procedure or gastric bypass?
Yes	No	6. Have you taken any of these medications (3mo or more)? (Check all that apply) <ul> <li>Prednisone</li> <li>Methylprednisolone</li> <li>Dexamethasone</li> <li>Methotrexate</li> <li>Chemotherapy</li> </ul>
Yes	No	7. Have you ever(or has it been suggested) taken a medication for your bones? (Check all that apply) Fosamax Boniva Actonel Reclast Evista Prolia Forteo Calcitonin Strontium Boron
Yes	No	8. Have you had a bone mineral density test(DXA) within the past 2 years? If yes, when Where
Off	ice use only	y:  □ Reviewed- Appt. not needed Name: □ Schedule



# **PAST MEDICAL HISTORY**

For each category, please indicate any conditions which you currently have or have had in the past:

#### **No Medical Problems**

□ I do not have any current or previous medical conditions

Cardiovascular			
<ul><li>Hypertension</li><li>Atrial Fibrillation</li></ul>	<ul><li>Heart Attack</li><li>Congestive Heart Failure</li></ul>	□ Stroke	TIA (Transient Ischemic Attack)
Pulmonary			
<ul><li>Asthma</li><li>Frequent Pneumonia</li></ul>	<ul><li>COPD</li><li>Sleep Apnea</li></ul>	<ul><li>Emphysema</li><li>Supplemental Oxygen I</li></ul>	☐ Tuberculosis Requirement
Gastrointestinal			
<ul> <li>Gastric Reflux (GERD)</li> <li>Liver Disease</li> </ul>	<ul><li>Gastric Ulcer</li><li>Gall Stones</li></ul>	<ul><li>Hepatitis</li><li>Hernia</li></ul>	<ul> <li>Cirrhosis</li> <li>IBS / Crohn's Disease / Ulcerative Colitis</li> </ul>
Renal			
□ Kidney Stones	Kidney Infection	Renal Insufficiency	Dialysis-Dependent
Genitourinary			
<ul> <li>Enlarged Prostate (BPH)</li> <li>Frequent or Chronic Urinary</li> </ul>	Sexual Difficulty Tract Infection (UTI)	Urinary Incontinence	Menstrual Problems
Musculoskeletal			
<ul><li>Degenerative Arthritis</li><li>Osteoporosis / Osteopenia</li></ul>	<ul> <li>Rheumatoid Arthritis</li> <li>History of Hip Fracture</li> </ul>	□Gout □Vertebral Fracture	<ul><li>Fibromyalgia</li><li>Scoliosis</li></ul>
Endocrine			
Diabetes	Thyroid Disease	Addison's Disease	Polycystic Ovarian Syndrome (PCOS)
Neurologic / Psychologi	C		
<ul> <li>Anxiety</li> <li>Peripheral Neuropathy</li> <li>Multiple Sclerosis</li> </ul>	<ul> <li>Depression</li> <li>Carpal Tunnel Syndrome</li> <li>Spinal Cord Injury</li> </ul>	<ul> <li>Bipolar Disorder</li> <li>Alzheimer's Disease</li> <li>Traumatic Brain Injury (</li> </ul>	<ul> <li>Schizophrenia</li> <li>Parkinson's Disease</li> <li>(TBI)</li> </ul>
Hematologic			
<ul> <li>Anemia</li> <li>Deep Venous Thrombosis (</li> <li>History of Blood Transfusion</li> </ul>		<ul> <li>Taking Anti-Coagulant I</li> <li>Pulmonary Embolism (I</li> <li>Sickle-Cell Anemia</li> </ul>	Medications ("Blood Thinners") PE)
Immunologic			
<ul> <li>Immune Disorder</li> <li>Organ Transplant</li> <li>Sjogen's Syndrome</li> </ul>	<ul> <li>Long-term Steroid Therapy</li> <li>Eczema</li> <li>HIV/AIDS</li> </ul>	(e.g. Prednisone) Psoriasis	<ul> <li>Immuno-Suppressant Medication</li> <li>Lupus</li> </ul>
<b>Cancer</b> If you have been diagnosed wit	th cancer, or have had cancer in	the past, please select the	appropriate bubble:
<ul> <li>Breast</li> <li>Prostate</li> <li>Leukemia</li> <li>Other:</li> </ul>	□ Lung □ Bowel □ Lymphoma	☐ Kidney □ Skin □ Myeloma	☐ Thyroid ☐ Bone

Please provide any additional details about type of cancer, when it was diagnosed (approximate year), any treatment (Including any Medications, Radiation, and/or Surgery), the name of your Oncologist, and the approximate date of your most recent Oncology followup appointment:



# PAST MEDICAL HISTORY (CONTINUED)

#### **Additional Medical Problems**

If you have any additional medical problems not listed, or need to provide any additional information, please check the bubble marked "yes", and provide details below:

□ Yes, I have the following medical conditions:

### SURGICAL HISTORY

For each category, please indicate any surgeries which you have had:

#### Head & Neck Eye Surgery □ Sinus Surgery Facial Reconstructive / Plastic surgery Neck Surgery Oral Surgery Cardiothoracic Cardiac Bypass Cardiac Stent Angioplasty / Cardiac Catheterization D Pacemaker / Defibrillator Cardiac Valve Surgery Lung Surgery □ Mastectomy Abdominal □ Appendectomy Hernia Repair □ Gastric Bypass Cholecystectomy (Gallbladder) □ Kidney Surgery Esophageal Surgery □ Stomach / Bowel Surgery Organ Transplant Pelvic C-Section □ Hysterectomy Bladder Suspension Prostate Surgery Vascular Varicose Vein Surgery Aortic Aneurysm Repair □ Vascular Bypass Carotid Endarterectomy AV Fistula (Dialysis access) Neurologic Ventricular Shunt Cervical Spine Surgery Lumbar Spine Surgery Brain Surgery □ Scoliosis Surgery Carpal Tunnel Release □ Ulnar Nerve Decompression Orthopaedic Fracture Repair □ Knee Replacement □ Hip Replacement Shoulder Arthroplasty □ Arthroscopic Surgery

#### **Other Surgeries**

□ If you have had any surgeries not present above, please list them here:

### HOSPITALIZATION

### Have you ever been hospitalized, for any reason?

Never

□ None besides those listed in Surgical History

Yes

If you answered "Yes", please provide details including reason, approximate dates and length of hospital stay:



# FAMILY HISTORY

Please indicate any medical conditions affecting your family members:

#### Mother

<ul> <li>Diabetes</li> <li>Mental Illness</li> <li>Genetic Abnormalities</li> </ul>	<ul> <li>Hypertension</li> <li>Cancer</li> <li>Other</li> </ul>	<ul> <li>Heart Disease</li> <li>Scoliosis</li> <li>Unknown / Not Applicate</li> </ul>	<ul> <li>□ Stroke</li> <li>□ Skeletal Dysplasia</li> <li>ble</li> </ul>
Father			
Diabetes	Hypertension	Heart Disease	□ Stroke
Mental Illness	Cancer	□ Scoliosis	Skeletal Dysplasia
Genetic Abnormalities	□ Other	Unknown / Not Applicat	ble
Siblings			
Diabetes	Hypertension	Heart Disease	□ Stroke
Mental Illness	Cancer	□ Scoliosis	Skeletal Dysplasia
Genetic Abnormalities	□ Other	Unknown / Not Applicat	ble
Children			
<ul> <li>Diabetes</li> <li>Mental Illness</li> <li>Genetic Abnormalities</li> </ul>	<ul><li>Hypertension</li><li>Cancer</li><li>Other</li></ul>	<ul> <li>Heart Disease</li> <li>Scoliosis</li> <li>Unknown / Not Applicate</li> </ul>	<ul> <li>☐ Stroke</li> <li>☐ Skeletal Dysplasia</li> <li>ble</li> </ul>

If you answered "Other" to any of the above, please provide explanation below:

	Soci	al History	
Marital Status			
<ul><li>Single</li><li>Widow / Widower</li></ul>	Co-Habitating	☐ Married	Separated / Divorced
Education			
Grammar School	High School	College	D Post-Graduate
Employment What is your current <i>(or mos</i>	st recent) Occupation?		
Please describe your Curren	it Work Status:		
<ul><li>Working - Full Time</li><li>Not working by choice (Reti</li></ul>	□ Working - Part Time ired - Homemaker - Student - etc	Seeking Employment	Physically unable to work / Disabled
Habits Tobacco & Nicotine Product	s		
Never used	Current / Occasional User	Former user – Quit Dat	e (Approximate):
If you are <i>currently</i> using Toba	acco or Nicotine products, please	indicate the Type (select al	I that apply):
<ul> <li>Cigarettes</li> <li>Nicotine Gum / Patch</li> </ul>	☐ Cigars	Chewing Tobacco	□ Nicotine Vaporizer / "e-Cigarette"
If you are <i>currently</i> using Toba	acco or Nicotine products, please	indicate how often:	
Daily	At Least 1x per Week	At Least 1x per Month	Less than Once per Month
Alcohol			
Never	Less than 1 drink per Week	Weekly	Daily
Do you have a History of Heav	y Drinking or Alcoholism?		
□ Never	In the Past	Current	

LONE STAR ORTHOPAEDIC AND SPINE SPECIALISTS, PLLC DEDICATED TO RESTORING ACTIVE LIFESTYLES Burleson — Fort Worth — Mansfield 817.926.BONE (2663)

# **REVIEW OF SYSTEMS**

For each category, please indicate all problems which you currently have:

Constitutional			
			□ Night Sweats
Recent Unexplained weigh	t Loss (More than 10 Pounds)	Recent Unexplained w	veight Gain (More than 10 Pounds)
General			_
None	Muscle Weakness	Difficulty Standing	Difficulty Walking
Head, Eyes, Ears, Nose,	& Throat		
None	☐ Sinusitis	Congestion	Dentures
Vision Problems	Eye Glasses	Hoarseness	Difficulty Swallowing
Cardiovascular		_	
None Palpitations	Chest Pain	Shortness of Breath	Ankle / Feet Swelling
·			
Respiratory		- M/4 1	
□ None	🗖 Cough	Wheezing	
Gastrointestinal		_	
□ None □ Nausea	<ul> <li>Constipation</li> <li>Vomiting</li> </ul>	Heartburn	Dark / Bloody Stools
Musculoskeletal			
None Wrist / Hand	□ Neck □ Hip	☐ Back ☐ Knee	☐ Shoulder ☐ Ankle / Foot
Integumentary	□ Rash	L Itching	Open sores
Poor healing		Skin infection	
Neurology			
□ None	Memory Loss	Confusion	Dizziness
☐ Vertigo		Frequent Headache	Balance Problems
Psychiatric			
□ None	Sleep disturbances	Feelings of hopelessn	ess
Genitourinary	·		
□ None	Urinary incontinence	Pain with Urination	Frequent Urination
Incomplete voiding	,		



### **PRACTICE POLICIES**

#### **Financial Obligations**

I agree that in return for the services provided by Lone Star Orthopaedic and Spine Specialists I will pay my account at the time service is rendered, or will make financial arrangements satisfactory to Lone Star Orthopaedic and Spine Specialists for payment. If my insurance company or health plan designates co-payments and/or deductibles, I agree to pay them to Lone Star Orthopaedic and Spine Specialists. All co-payments and past due balances are due and payable at the time of service. I understand and agree that if my account is delinquent, a collection agency may be authorized to recover the unpaid amount.

#### Patient Initials:

#### **HMO Referrals**

If your insurance has designated a primary care physician (PCP), a prior authorization from your PCP is required to see a specialist. It is your responsibility to work with your PCP and insurance carrier to obtain this authorization prior to your office visit with Lone Star Orthopaedic and Spine Specialists. If authorization is not provided, either by you the Patient, or through your Insurance Carrier or PCP, you will be asked to re-schedule your appointment until the authorization is available, or pay for the visit at the time of service and file with your insurance carrier for reimbursement.

#### Patient Initials:

#### Self-Pay Accounts

Patients without an insurance plan at the time of service, and/or patients who are covered by insurance carrier with whom the practice does not participate, are individually obligated to pay the full charges at the time of service

#### Patient Initials:

#### **Non-Participating Insurance Accounts**

Services provided to Patients who are insured by carriers with which the practice does not participate are considered "out-of-network." It is the financial obligation of the patient with non-participating insurance carriers to pay the co-pay and/or visit in full at the time of service.

#### Patient Initials:

#### **If You Require Surgery**

If you require surgery, your surgeon and supporting staff will work with you to select a date that will accommodate both schedules. Our staff will review any anticipated financial responsibilities you may have. Keep in mind that these are estimates only, and are subject to change once the surgery has been billed and insurance has paid. You may be asked to make a pre-payment to cover the amount of your deductible/percentage for surgical care. This payment will be due before surgery is performed.

Please feel free to talk to our staff about a payment plan if you have a special financial situation. Our office will work with you to ensure that you receive the highest quality of care. Lone Star Orthopaedic & Spine Specialists will require that all balances being placed on a payment schedule be paid in full within 6 months – as such, payment plans are structured on a 6-month time frame.

#### Patient Initials:

#### **Returned Checks**

All returned checks will be assessed a \$35.00 fee.

Patient Initials:

Signature:

\_\_\_Date:

Patient or Authorized Party Signature

Electronic signature: This Agreement may be executed and delivered by electronic means and upon such delivery the electronic signature will be deemed to have the same effect as if the original signature.



### **PRACTICE CONSENT FORM**

#### **Consent to Treat**

I consent to necessary medical treatment as recommended by my physician. I understand that insurance may not cover all recommended medical services, such as preventative health exams, immunizations, screening test, detailed phone consultations, copies of medical records, or preparation of reports, forms, and summaries.

#### Patient Initials:

#### **Privacy Notification**

As permitted by the Health Insurance Portability and Accountability Act (HIPAA), I understand that my protected health information may be used and disclosed by the physician, office staff, and others outside of this office who are involved in my care and treatment for the purpose of providing health care services.

I acknowledge that I have been provided an opportunity to review the Notice of Privacy Practices which explains how my medical information will be used and disclosed. I understand that I am entitled to a copy of this document.

Patient Initials:

#### **Release of Information**

I authorize Gurpreet S. Bajaj, M.D., Barnard Barragan, M.D., Von L. Evans, M.D., Alfredo L. Marti, M.D., Dalton M. Ryba, D.P.M., John A. Thomas, M.D., Christopher Werner, D.P.M., and Jeffrey J. Ratusznik, M.D. to discuss information with the following:

Family Members	
Coaching/Training Staff at my school. School N	lame:
I restrict release of information to only the follow	ving:
Name:	_Relation:
Name:	Relation:

#### Patient Initials:

#### **Medical Record Authorization**

I authorize Lone Star Orthopaedic and Spine Specialists to obtain outside medical records including but not limited to Primary Care Physicians, Hospitals, Imaging Centers, and Pharmacies:

Patient Initials:

I have read and fully understand the above consent for treatment, financial responsibility, release of medical records information, and insurance authorization. These authorizations shall remain until written notice is given by me revoking said authorization.

Patient Signature:

Date:

Electronic Signature: This Agreement may be executed and delivered by electronic means and upon such delivery the electronic signature will be deemed to have the same effect as if the original signature.



## **AGREEMENT FOR OPIOID MEDICATION THERAPY**

#### Introduction

The purpose of this agreement is to give you information about the medications you will be taking for pain management only if that becomes part of your treatment plan and to assure that you and your physician comply with all state and federal regulations concerning the prescribing of controlled substances. A trial of opioid therapy can be considered for moderate to severe pain with the intent of reducing pain and increasing function. The physician's goal is for you to have the best quality of life possible given the reality of your clinical condition. The success of treatment depends on mutual trust and honesty in the physician/patient relationship and full agreement and understanding of the risks and benefits of using opioids to treat pain.

#### I (patient) understand the following (initial each):

- \_\_\_\_\_ Opioids may be prescribed to me on a trial basis. One of the goals of this treatment is to improve my ability to perform various functions, including return to work. These medications may be prescribed to make my pain tolerable but may not cause it to disappear entirely. If significant demonstrable improvement in my functional capabilities does not result from this trial of treatment, my prescriber may determine to end the trial.
- Drowsiness and slowed reflexes can be a side effect of opioids, especially during dosage adjustments. If I am experiencing drowsiness while taking opioids, I agree not to drive a vehicle or perform other tasks that could involve danger to myself or others.
- There is a risk that physical dependence or addiction to opioid medications can occur. Longer duration of therapy, higher doses of medications, and personal or family history of other drug or alcohol abuse increase this risk. If it appears that I may be developing addiction, my physician may determine to end the trial.

#### I agree to the following (initial each):

- \_\_\_\_\_ I agree not to take more medication than prescribed and not to take doses more frequently than prescribed.
- I agree to keep the prescribed medication in a safe and secure place, and that lost, damaged, or stolen medication will not be replaced.
- \_\_\_\_\_ I agree not to share, sell, or in any way provide my medication to any other person.
- I agree to obtain all prescription medication from one designated licensed pharmacy:

#### Pharmacy:

- I understand that my doctor may check a Controlled Substance Database or Prescription Monitoring Program at any time to check my compliance.
- I agree not to seek or obtain any mood-modifying medication, including pain relievers, muscle relaxers, or tranquilizers from any other prescriber without first discussing this with my prescriber. If a situation arises in which I have no alternative but to obtain my necessary prescription from another prescriber, I will advise that prescriber of this agreement. I will then immediately advise my prescriber that I obtained a prescription from another prescriber.
- I agree to submit to random urine, blood or saliva testing, at my prescriber's request, to verify compliance with my treatment plan, and to undergo be seen by an addiction specialist if requested.
- I authorize the doctor and my pharmacy to cooperate fully with any city, state or federal law enforcement agency, including this state's Board of Pharmacy, in the investigation of any possible misuse, sale, or other diversion of my pain medicine. I authorize my doctor to provide a copy of this Agreement to my pharmacy. I agree to waive any applicable privilege or right of privacy or confidentiality with respect to these authorizations.

I understand that any deviation from the above agreement, at any time, may be grounds immediate cessation of all opioid therapy and may result in termination of the doctor/patient relationship with Dr. Bajaj, Dr. Barragan, Dr. Evans, Dr. Ratusznik, Dr. Ryba, Dr. Thomas, or Dr. Werner.
Patient Signature:
Date:

I obtain my pain medication from my	primary care doctor or pain management physician:
Dr	, And I will continue to do so until I discuss any changes with Dr. Bajaj, Dr.
Barragan, Dr. Evans, Dr. Ratusznik, Dr.	Ryba, Dr. Thomas or Dr. Werner.

#### Patient Signature:

Date:

Phone:

Electronic Signature: This Agreement may be executed and delivered by electronic means and upon such delivery the electronic signature will be deemed to have the same effect as if the original signature.



• Complaints may be directed to the following State Agency:

OFFICE OF THE OMBUDSMAN P.O. BOX 13247 AUSTIN, TX 78711-3247 1-877-787-8999

• Web site for the Medicare Beneficiary Ombudsman: <u>www.medicare.gov</u> or 1-800-633-7227 or www.cms.hhs.gov/center/ombudsman

### **NOTICE TO PATIENTS: Physician Financial Ownership**

We are required by Federal law to notify you that physicians hold financial interest or ownership in the following facilities: Baylor Surgicare at Fort Worth, Baylor Surgical Hospital, Gulfstream Surgery Center, Medical City Surgery Center, Texas Health Huguley Surgery Center, USMD Hospital Fort Worth, Precision Reading LLC. We are required by 42 C.F.R. § 416.50 to disclose this financial interest or ownership in writing and in advance of the date of the procedure. A list of physicians who have a financial interest in one of these facilities are listed below:

- 1. Dr. Gurpreet Bajaj
- 2. Dr. Barnard Barragan
- 3. Dr. Von Evans
- 4. Dr. Alfredo Marti
- 5. Dr. Jeffrey Ratusznik
- 6. Dr. Dalton Ryba
- 7. Dr. John Thomas
- 8. Dr. Christopher Werner

### **NOTICE TO PATIENTS: Policy for Advanced Directives**

Please note that our Facility's policy on Advanced Directives is that Life sustaining efforts will be initiated and maintained on all patients. If you would like information on developing Advanced Directives, the following website can assist you and includes a description of the State's health and safety laws, and upon request, we will provide you with official State advance directive forms:

http://www.uslivingwillregistry.com/forms.shtm

### **NOTICE TO PATIENTS: Patient Statement of Responsibilities**

- 1. I will provide accurate information about present and past illnesses, hospitalizations, medications, allergies and "NPO" status.
- 2. I will make every attempt to understand the implications of my procedure, including risks of refusing treatment, and I will ask for clarification when needed.
- 3. I will arrive at the scheduled time or notify facility of inability to do so.
- 4. I will follow all discharge instructions.
- 5. I will be respectful of the rights of other patients and staff.
- 6. I will be respectful of others' property.
- 7. I will immediately inform my physician of change in condition or adverse reaction.
- 8. I will be responsible for assuring that the financial obligations of my health care are fulfilled as promptly as possible.



Patient Name

Date forms given

This is to confirm that I have received the following forms from my physician to review prior to arriving for my procedure. I also understand that I may contact Lone Star Orthopaedic & Spine Specialists, PLLC in case I have any questions regarding any of these forms.

### **Patient Statement of Responsibilities**

**Policy for Advanced Directives** 

**Physician Financial Ownership** 

Patient Bill of Rights/Complaint Resolution

Signature of Patient or Legal Guardian

Date